



Ohio Action For Healthy Kids Activities

Policy

- Monitor proposed legislation and analyze the impact of these changes on schools
- Provide education and guidance to policymakers on promoting healthy school environments

Awareness

- Increase the awareness and understanding of Ohio AFHK's three goals
- Bring the importance of our three goals to the forefront in our local communities

Funding

- Seeks to locate and secure national, state, and local financial support
- Provide local assistance to support the sustainability of school initiatives

Resources/Materials

- Share successful local initiatives and model programs to schools around the state
- Provide guidance to the development of effective school wellness policies



If you are interested in learning more about the activities in your zone or to become involved with the initiative, please contact Shelly Roth,

Chair of Ohio's AFHK team.

Shelly Roth

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www.actionforhealthykids.org

www.childrenshungeralliance.org/AFHK/



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Action for Healthy Kids™

O H I O



Join forces with education and health leaders to take action for children's nutrition and physical activity.

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Action for Healthy Kids



Action for Healthy Kids (AFHK) is a nationwide initiative dedicated to improving the health and educational performance of children through better nutrition and physical activity in schools.

This effort represents

a response to our nation's epidemic of overweight, sedentary, and undernourished children and adolescents. Healthy schools produce healthy students — and healthy students are better able to learn and achieve their true potential.

“Together we really can make a difference in the health of our nation’s children”

- Dr. David Satcher, Former U.S. Surgeon General, AFHK Founding Chair

Ohio’s Infrastructure



Ohio’s Action For Healthy Kids infrastructure

consists of three levels to foster sharing and collaboration among diverse groups to encourage and facilitate meaningful change in schools.

- The national initiative provides guidance to our mission and goals.
- Ohio’s state steering membership includes more than 25 state partnering organizations.
- Local/Regional zones work at the grassroots/building level to implement healthy school environments.
- Examples of zone actions include – develop wellness teams and policies, develop school breakfast programs, implement afterschool physical activity and walking programs, and provide healthy vending tools.

Ohio AFHK Partnering Organizations

- American Cancer Society
- American Dairy Council
- American Heart Association
- American School Health Association
- Borden’s Center for Nutrition and Wellness
- Buckeye Association of School Administrators
- Children’s Hunger Alliance
- Governor’s Council of Physical Activity and Sports
- Ohio Academy of Family Physicians Foundation
- Ohio Chapter of the American Academy of Pediatrics
- Ohio Association of Elementary School Administrators
- Ohio Association of Family and Consumer Sciences
- Ohio Association of Health, Physical Exercise, Recreation and Dance
- Ohio Association of Secondary School Administrators
- Ohio Association of School Nurses
- Ohio Dental Association
- Ohio Department of Education
- Ohio Department of Health
- Ohio Dietetic Association
- Ohio Educational Service Centers
- Ohio Parks and Recreation Association
- Ohio Parent Teacher Association
- Ohio Pediatric Nurse Practitioners
- Ohio School Board Association
- Ohio School Nutrition Association
- Ohio State University Extension
- Osteopathic Heritage Foundation
- Society for Public Health Education
- State Planning Committee on Health Education in Ohio

Ohio’s THREE Goals

Goal 1: Increase the number of students and schools that participate in the School Breakfast program.

Goal 2: Ensure that healthy snacks and foods are provided in vending machines, school stores, and other venues within the school’s control.

Goal 3: Provide adequate co-curricular physical activity programs, including fully inclusive intramural programs and physical activity clubs.

Ohio’s Zone Map

