

**Zone 2 Ohio Action For Healthy Kids Meeting Minutes**  
**September 9, 2008**  
**Lima Public Library Meeting Room**

**Attending:** Karen Bakies, Janet Bassitt, Diana Carroll-Aghdam, Jackie Fields, Peggy Foland, Joan Hardesty, Monica Harnish, Barbara Hennard, Julie Huelskamp, Joan Kline, Jan Meyer, Shelly Miller, Marybeth Torsell, Maggie Turnbull, and Dawn Wingate, Carrie Woodruff.

**Invited Guests:** Angela Snyder – Van Wert County Hospital and Julie Stewart – Freedom Elementary – Lima City Schools.

Janet welcomed members and guests. Everyone introduced themselves and what agency they were representing.

**National & Ohio AFHK Introduction:**

- Karen Bakies gave a PowerPoint presentation on the historical overview of Action For Healthy Kids and Ohio's role and accomplishments through 2008.

**Celebrating Our (Zone 2) Success!**

- Janet Bassitt gave a PowerPoint presentation on the Zone's 2007-2008 year in review, Zone 2 cumulative successes, and the proposed 2008 – 2009 Zone Action Plan. The presentation will be posted on the Zone 2 Ohio Action For Healthy Kids website.

**National & Ohio AFHK Updates** – Karen Bakies & Jan Meyers

- AFHK recently released the report, *Progress or Promises? What's Working For and Against Healthy School*.
- The National Dairy Council and the National Football League have teamed up to create healthier kids with the free Wellness Activation Kit. The kit guides kids to adopt healthy eating and fitness habits. For more information, visit [www.SchoolWellnessKit.org](http://www.SchoolWellnessKit.org)
- J. D. Beiting, Shelly Roth, and Karen Bakies will be attending the national AFHK meeting in Orlando in a few weeks.
- An Ohio AFHK Steering Committee meeting was held on August 12. Presentations were given on Partnership to Fight Chronic Disease and Alliance For Healthier Generations.
- Mary Chace was hired to oversee Ohio's 8 Game On Grants and 1 Entertainment Industry Grant.
- Ohio AFHK has formed two new subcommittees – Marketing and Physical Education/Physical Activity. The marketing committee is looking at providing displays and table coverings for Zone exhibits as well as oversized checks for mini-grant publicity photos.
- Copies of *Ohio Action for Healthy Kids (Ohio AFHK) Successes* fact sheet were distributed.
- School Health Index and CATCH Training will be held on October 22 in Westerville. Substitute teacher pay is available. The registration fee of \$12 will cover the cost of breakfast and lunch.
- "Produce It!" is an education initiative from Time Warner Cable that encourages high school students to develop a television public service announcement with a message on the importance of healthy nutrition and physical activity. Entries are due on January 9, 2009. The contest is open to many schools in the Zone 2 area.
- WTVG-NBC Toledo and Promedica are sponsoring a contest to reinvent an elementary school lunch program. Each team is to consist of 2 – 4 students in grades 10, 11, or 12 within ProMedica Health System's 27-county service area during the 2008 – 2009 school year.

Each winning team member will receive a \$5,000 non-renewable scholarship to be used for post-secondary education.

- The Dannon Company awarded a Dannon Next Generation Nutrition Grant to the Council on Rural Services which serves the communities in Auglaize, Darke, and Shelby Counties.

#### **Zone 2 Fiscal Report** – Maggie Turnbull

- Since July there was a \$660 refund from the State Planning Committee for Health Education in Ohio, and Ohio Action for Healthy Kids UPS Distributions of \$1000 and \$3200. There was a \$30 rental fee for the Lima Public Library Auditorium. The account balance is \$4,860.

#### **Nutrition Workshop Committee Recruitment**

- Members signing up for the committee include Lori McKean, chairperson, Donna Kentner, Maggie Turnbull, Monica Harnish, Karen Bakies, Marybeth Torsell, Joan Hardesty, Joan Kline, Barbara Hennard, and Janet Bassitt. The committee will meet at noon today. The next meeting will be at 9:00 a.m. on Monday, October 13 in the 3<sup>rd</sup> floor conference room of the Perry Building in Lima.

#### **Tools For Schools Workshop Committee Recruitment**

- Members signing up for the committee include Joan Kline, Joan Hardesty, Marybeth Torsell, Monica Harnish, Shelly Miller, Angela Snyder, Karen Bakies, Jackie Fields, and Janet Bassitt. Contact Janet if you wish to be added to the list or would like to chair the committee.

#### **Ohio's Physical Activity Plan** – Jackie Fields

- Jackie distributed copies of the Executive Summary of Ohio's Physical Activity Plan and presented highlights of the plan.

#### **Governor Strickland's Education Reform Forum**

- Jackie, Jan, and Karen reported on their experiences attending the forums.

#### **Resource Sharing/Other**

- Peggy Folland commended Carrie Woodruff on her work in promoting school breakfast across the state. She will be receiving an award from Children's Hunger Alliance.

#### **Topics for Future Meetings**

- Suggestions included the newly developed Ohio's Nutrition Plan and presentations from our mini-grant recipients.

#### **Next Meeting**

The next meeting will be held on Tuesday, November 4 from 10 a.m. to noon in the 3<sup>rd</sup> floor conference room of the Perry Building.