

Zone 2 Ohio Action For Healthy Kids Meeting Minutes
August 18, 2009 (9 a.m. to 11 a.m.)
St. Rita's Regional Cancer Center Conference Room – Lima

Attending: Lois Clark, Karen Bakies, Marybeth Torsell, Deb Neise, Kelly Schasttschneider, Becky Pescosolido, Joan Kline, Monica Harnish, Chelsea Moorhead, Barb Hennard, Nicki Trout, and Janet Bassitt.

Janet welcomed members. Members introduced themselves and shared something exciting that occurred over the summer.

National & Ohio AFHK Updates – Karen

- In June OAFHK submitted their one year Action Plan to AFHK. Its four components are
 - Parents
 - Youth
 - School Administrators/Stakeholders
 - Sustainability
- Ohio received 2 grant opportunities from AFHK
 - *Fuel Up To Play* – sponsored by ADA (\$5,000 from National Dairy Council and \$5,000 match from ADA- Mideast) – kit and school mini-grants for implementation
 - Parent Engagement Grant -- \$15,000 Kellogg Grant
- At the state steering committee meeting many state organizations shared budget cuts and changes that will affect their organizations in the upcoming year.
- A new Success Story form is available and Karen encouraged us to send the new form to our mini-grant recipients to complete.

Summer Feeding/School Breakfast Programs – Janet

Janet reported for Peggy who was unable to attend the meeting. Arcadia is interested in starting a breakfast program and could use a mini-grant.

PE/PA Mini-Grants Recipients – Monica

It was announced that the following schools received a \$200 mini-grant to purchase PE/PA equipment: Freedom Elementary, Lima; Delphos City/St. John Elementary; Van Wert City; St. Anthony of Padua; Bellefontaine Middle School; and Miller City New Cleveland Middle School. Spencerville will receive a free C'Motion DDR Rental.

Veggie U Mini-Grants Recipients – Monica

The following schools will receive Veggie U kits: Allen East, Riverside Local Schools, Putnam County ESC/Glandorf Elementary, Indian Lake, Mercer County ESC, and Miller City New Cleveland.

Zone 2 Fiscal Report – Janet

In Maggie's absence, Janet gave the Zone 2 Fiscal Report. Since the last meeting, \$1200 in PE/PA Mini-Grants have been distributed as well as \$2400 for Veggie U Kits. Freedom Elementary asked us to not send their check until they notify us. Our statement from the accountant as of July 20, 2009 shows a balance of \$384.94 which includes Freedom Elementary's \$200. After Janet submits the Final Budget and Progress Report for the 2008 – 2009 year, we will receive the remaining \$1,000 from the UPS Grant. So the total remaining after the 2008 – 2009 year is \$1,184.94.

Zone 2 UPS Funds Progress Report (06/01/08) to 05/31/09) and Updated Action Plan – Janet

Janet distributed copies and reviewed the Zone 2 UPS Funds Progress Report with budget and Updated Action Plan which she was required to submit to Ohio Action For Healthy Kids by August 16.

West Central Ohio Autism Community Presentation

Kelly Schasttschneider and Becky Pescosolido from the West Central Ohio Autism Community shared information about their agency and contact information.

Generate Ideas for new Action Plan – Janet

Janet reported that Zone 2 will be receiving funds from the following 2 sources:

- National AFHK - \$1500
 - \$500 for Parent Engagement School Mini-Grant
 - \$200 for Parent Workshop
 - \$800 for *Fuel Up to Play* School Mini-Grant
- Final UPS Funds through 12/31/09 – \$5200
 - Required to offer at least one educational conference or workshop
 - At least \$500 used for at least 1 breakfast expansion mini-grant
 - \$200 allocated for administrative/facilitation costs
 - Remaining funds to be decided by the Zone

Members present brainstormed ideas for the funding. Janet will put together an Action Plan utilizing the ideas presented and e-mail to those participating as well as to any other members interested in assisting with the plan. A conference call to discuss the draft has been set up for Wednesday, September 2 at 10 a.m. If anyone is interested in assisting with the plan and missed the Zone meeting, contact Janet.

Resource Sharing:

Janet shared flyers on Asthma 1-2-3 from Gloria Ayres, at the American Lung Association. The program is a school in-service to teach basic asthma knowledge, helping school staff improve the lives of their students who are living with asthma.

Next Meeting:

The next meeting of the Ohio Action For Healthy Kids Zone 2 will be held on **Thursday, September 17 from 9 am to 11 am** in the Garden Conference Room at the **St. Rita's Regional Cancer Center** at 803 W. Market St., Lima.