



Zone 2 Meeting
Thursday, September 17, 2009
9:00 a.m. to 11:00 a.m.
Garden Conference Room
St. Rita's Regional Cancer Center
803 W. Market St., Lima 45805

Attendance – Jan Meyer, Nick Cole, Marybeth Torsell, Karen Bakies, Carrie Woodruff, Joan Kline, Nicki Trout

National AFHK Update – National Action for Healthy Kids is re-designing their national website and updating the newsletter and email list. They have asked us to ask you to make sure you are signed up on the national website http://www.actionforhealthykids.org/tools_join.php . If you go to this page you can ask to sign up for information only, or to be an active member. It will also ask you which organizations you are affiliated with. If you ask for information only, you will receive the national AFHK newsletter and informational webinar information. Your signing up is important to national in that the number of volunteer members can be influential when recruiting national member organizations and funders. Whether you sign up on the national web site or not, it will not affect your email here at the Zone 2 level.

August AFHK newsletter listed new strategic goals: 1) Organizational infrastructure 2) School health model 3) Increase awareness school health issue 4) Expand national and local opportunities.

OH AFHK Update – Mary Chace has been hired as the OH AFHK project manager to oversee both the Kellogg's parent tool kit and Fuel Up to Play grants. She will be available to present the OH AFHK parent tool kit at zone conferences.

Annual OH AFHK Team meeting will take place in December, looking at collaborating with the OH School Based Health Care Association. The tentative date is Dec 4 with more details to come.

Summer Feeding /School Breakfast Programs - report not available

Zone 2 Fiscal Report - report not available (UPS monies of \$1000 just sent to zones)

Zone 2 Action Plan 2009 – 2010 Overview & Discussion

Zone Educational Conferences/Workshops

- Parent Workshop – planned for Fall 209, meeting today to begin planning discussions
- Tools for Schools Conference – Spring 2010 – suggested topic –“ recess” as presented at Zone 1 Conference.

Zone Mini-grants – asked to revise our action plan to reflect mini-grant monies and activities completed during the 2009-2010 school year without carryover to 2010-2011 school year

- Breakfast Expansion – min of 1 @\$500 - Peggy working on
- Veggie U Mini-grants – 2 @\$400 each – change target dates to Application Oct-Nov and Announce - Dec 2009; Monica working on one page flyer describing program and mini-grant application
- PE/PA – 2 @\$350 each – include in application suggestions on what funds could be used for. Use application from last year and modify as needed. Monica will f/u and ask Jackie to review; Application dates changed to Oct-Nov and Announce – Dec 2009
- Parent Engagement – 1 @\$500 – application will be distributed at the parent workshop for attendees to apply – recipient should be a school-based parent group; ask Mary Chace if a template application is available or share application from other zones
- *Fuel Up to Play* – 1 @\$800 – Fact sheet from American Dairy Assoc Mideast and application from AFHK/National Dairy Council coming soon; Go to www.fueluptoplay.com to sign up as an individual or sign-up under a school (materials and resources also at this web site); change to Application Oct-Nov and Announce – Dec 2009
- Fall Grant Announcements – suggest to open up to all schools in Zone 2; send a promo flyer with applications as to who we are, grants we have provided, etc; set-up a conf call to review and finalize – interested in being involved – Joan, Monica, Karen & Marybeth

Zone Outreach/Recruitment – reach out invitation to Zone 2 mtgs

- University – do we have a lists? Monica can ask OSU Lima campus to report at the next mtg on their project with Lima City Schools 1st graders; Nicki T. offered to get contact information for OH Northern, Owens Findlay campus and Univ Findlay
- Education and/or Administration
- After School Programs – Monica distributed last Re-Charge kit we had
- County Liaison
- Zone 2 Membership
- Zone 2 Information Packets – create at October meeting with invitation to Nov mtg; include: OH AFHK pamphlet, update OH AFHK fact sheet (Jan Meyer has), Zone 2 fact sheet, history of mini-grants and who awarded to; history of professional conferences provided in zone 2 with numbers of schools/districts reached

Zone Funding and In-kind Support -- \$10,000

Resource Sharing /Other

- Jackie Fields – Freedom Elementary in Lima - very supportive principal, increase PE teaching minutes this year and doing DDR
- Carrie Woodruff – Lima City Schools SFS – breakfast in the classroom at the HS this year avg number last year 623 this year improved to 892; Football Friday and chocolate milk---now being sold at concession stand for .50 by athletic dept; unfunded mandate that student who qualifies for free lunch has student fees eliminated

- Monica Harnish – Allen Co Health Dept – OSU Lima 1st grade project – created flip ring card for teachers based on the OH AFHK parent tool kit on Healthy Schools Celebration (will share with others)
- Karen Bakies – General Mills/Fuel up to Play breakfast partnership grants for expanding school breakfast -- \$75,000. Schools may apply for up to \$3000 – application open Sept 4 deadline Sept 30 see www.nutritionexplorations.org for more details

Next Meeting Date: Wednesday, Oct 28 at 9am in the Garden Conference Room at St. Rita's Regional Cancer Center in Lima.