

Zone 2 Ohio Action For Healthy Kids Meeting Minutes
May 6, 2010
St. Rita's Regional Cancer Center, Garden Conference Room

Attending: Karen Schuh, Marybeth Torsell, Jackie Fields, Peggy Foland, Lois Clark, Joan Kline, Monica Harnish, Karen Bakies, and Janet Bassitt.

National & Ohio AFHK Updates - Karen

- OAFHK Action Plan due to AFHK in July. Will build on last year's 4 pillars – Administrators, Youth Engagement, Parent Engagement, and Partnering & Volunteers. OAFHK State Steering Committee will meet on May 11 to work on a long-term strategic plan.
- OAFHK will host the "Refueling Ohio AFHK Celebration Luncheon on Wednesday, June 2, 2010 from 10 am to 3 pm in Columbus. All coalition members are invited and need to RSVP if they plan to attend. Janet will e-mail the invitation to all coalition members.
- AFHK will receive grant funding for FUTP60 and school breakfast.

Mini-Grant Awards - Monica

- One application was received for the *Fuel Up To Play 60 Program*. South Middle School will use the program to promote healthy breakfasts and intramural sports.
- Four applications were received for the \$500 Parent Engagement Grant. The grant was awarded to Golden Bridge Academy, Lima to assist in providing equipment for an outdoor play area at the school. Currently, the area has no play equipment.

Tools For Schools Conference – Janet

- Had a variety of speakers.
- Great facility which we were able to use at no cost.
- Registered 35 people from 18 school districts and 9 committee members.
- Waiting on food bill. We budgeted \$2500 for the conference. Our estimated expenses are \$1251 and our income from registrations was \$750. Our estimated cost of the conference is \$501.
- Barb calculated and summarized the conference evaluations. Ratings were high and many comments were written on the forms.

Zone 2 Fiscal Report – Janet

- The Profit & Loss Detail from April 19, 2010 showed a balance of \$3,269.55. Since then we paid \$500 for the Parent Grant and received \$700 from AFHK to reimburse us for the \$500 Parent Grant and the Parent Workshop. We owe approximately \$388 for conference food and have \$200 set aside for outreach/recruitment. That leaves us with an estimated carryover balance of \$2881.55.
- There was discussion on future fiscal management possibilities if LAHEC could no longer provide the services. It was suggested to talk to other zone leaders to see what method they find works for them.

Zone Outreach/Recruitment/Orientation Packets – Janet

- Have \$200 allocated for outreach.
- Suggested putting together a one page report highlighting our awards and accomplishments this past year. County reps will e-mail to key people in the schools.
- Send mailing in September with small promotional item in envelope.
- Work on this project in the summer.

Other Business -Joan ,Karen, & Janet

- Joan and Karen attended the Healthy US School Challenge training. To be eligible for the Challenge, the school must sign up to become a Team Nutrition School. A school can receive up to \$2000.
- Nicki Trout has resigned from the Zone 2 OAFK Coalition. She is currently searching for a replacement to represent Logan County. Much thanks goes to Nicki for her work on the Parent Workshop and Tools For Schools Conference.

Resource Sharing - Karen

- IBM is tackling childhood obesity by running computer simulations. They will analyze the reams of available data on the different factors that might affect obesity – consumer behavior, location of grocery stores, availability of physical activity facilities and community transportation options- and see how those factors interact.
- Newsweek featured a story on Michelle Obama’s “Let’s Move” program in which FUTP60 was highlighted.

Next Meeting:

The next meeting will be held on Thursday, August 19 from 1 pm to 3 pm in the Garden Conference Room at St. Rita’s Regional Cancer Center in Lima.