

**OAFHK Zone 9
January 15, 2009 Meeting Minutes**

Present: Sara Pappa, Jen Vonderahe, Jessica Saunders, Kevin Lorson, Tracey Hopkins, Stacy Wyatt, Julie Drumheller, Carol Gill, Heather Combs, Joyce Rickels, Deanna Putman, Judy Jagger-Mescher.

Sara opened the meeting with a welcome, introductions and review of the minutes from the November 2008 meeting.

Deanna gave a report on OAFHK and Children's Hunger Alliance:

- December 4th was the Annual Zone meeting—very well attended.
- Presentation on ways to engage volunteers; need to update website to appeal to volunteers; need hot topic on front page.
- Sara got some great giveaways for our zone – reusable shopping bags/sticky pads, etc.
- Finalizing parent tool kit – roll out again in February 09.
- OAFHK invited to present at Ohio business round table, very interested in obesity prevention. Looking for speakers, hope to offer a few scholarships to each zone to attend this round table. This is a new conference for OBRT.
- Sustainability – looking for large grant RFP's to support state work. Zones are still to look for local funding. Carol – Ohio Hospital Association; inquired about RFP. Hospital has to apply.
- Email about State House Advocacy Day sent out by Sara Pappa.
- Eat Better Do Better – ODE/ODJFS/Children's HA partners and others. We can use and customize with our logo. PSA's can be downloaded from web. See website for all resources: eatbetterdobetter.org. Will pass out at workshops and Deanna is presenting on this program.

Heather:

- Free Summer Food Program: \$60,000 available in grants thru mini-grants. Any summer food service provider can apply.
- Schools that receive mini-grants must have a MOU w/AFHK.

2009 Workshops (Feb. 20th and 27th):

- Some members met before this meeting at 1:00 to do planning for workshops.
- Mini-grant application has been revised.
- 4-8 mini-grants of up to \$1, 0000 each /due March 27/awarded by April 24; implement May-December 09; December 15 final evaluation due.
- TA will be done by Tracey Hopkins of ACS.
- Application will be given to those who attend upcoming workshops.
- Mini-grants open to schools who have participated in 2 AFHK Zone 9 events.
- Need group of 4-5 to review apps. (can do this by mail) and use score sheets provided by Sara.
- Mini-grant awards are to be hand delivered. Heather may be able to do this. We will need PR to promote AFHK Zone 9 Workshops.
- Can forward brochure to Zone 6 membership – Stacey will do this.
- PDF of workshop brochure: Carol to ask Kim w/WOEA, is on OAFHK website, was sent to SW OH SOPHE; send to all a second time.
- Communicate via email for next things needed for workshops.
- Weather related cancellation will be communicated through news stations.

08/09 Action Plan:

- Progress report due end of January.

- Reviewed plan and updates.
- ACS to pay \$500 toward lunch bags (giveaway for workshops)..
- Logo on lunch bag and agenda.
- Raising funds – can we let people know at workshops that donation to AFHK is tax deductible?
- Carol asked if we can partner with a business that supports obesity prevention.
- Zones will have \$ through 09/10.

Agency Reports:

Sara and Joyce:

Greene County – 18 kids in running program from 2 schools. All completed the race!
Obesity Prevention Grant – Fairborn Schools began fitness testing, will present at Greene County Medical Society to promote Ounce of Prevention (Grant from ODH thru June 09).

Heather:

Graham Elementary featured, should write up as AFHK success story.

Deanna:

School Breakfast Report Card. Ohio ranked 4th or 5th in increase in number of meals served.
Now 22nd in country due to increase in participation.

Carol:

Coor. School Health Conf.: June 15-17 Salt Fork; June 23-25 Deer Creek. ODE is on board this year.
Three areas of focus: obesity, mental health, sexuality; will be doing follow up after conference, such as webinars.

Stacey:

Provided FYHO schools subgroup summary. ACS Health Promotion restructure – AFHK will now have Tracey Hopkins and Andrea Anderson. Stacey will be in Hamilton County. Buckeye Best Expansion to Child Care Centers piloted in Hamilton and Montgomery Counties this year.

Kevin:

Writing final edits for Ohio Physical Education standards. State Board of Ed to approve in May. Need planning and partnership for implementation of standards. Could use AFHK zones; put a PA coordinator in each zone for technical assistance.

Dayton Children's:

Updating website; trying to get physicians to back the work in the community.
Body Shop Program – 8 week program; looking at new marketing strategy for this program.
Booster seat legislation passed!
Springboro Urgent Care opened in November; Vandalia (testing center) opened in December.

Deanna:

CHA 3rd annual Dayton Panara-thon; Saturday, April 25th, Centerville HS; is pet friendly.

Sara:

2009 meetings dates are listed on agenda (5/21, 8/20, 11/19).
Members were encouraged to provide topics for future presentations at meeting to Sara or Carol.
One idea: would like to hear more about partners/professional organizations.

Sara thanked everyone for coming and the meeting was adjourned at 3:30 p.m.